

Counseling

Catholic Family Services - Affordable Counseling Services

<https://www.cfs-ab.org/what-we-do/mental-health-wellbeing/rapid-access-counseling/#:~:text=Reach%20them%20at%20403.233.,%40cfs%2Dab.org>

intake@cfs-ab.org

(403) 233-2360

#250 707 10 Avenue SW, Calgary, Alberta T2R 0B3

Provides affordable counseling (people pay what they feel they can, not on a sliding scale). Counselors work with people of any age or religious background and provide services to individuals, families, groups, etc.

- Hours of operation (Due to COVID subject to change).
 - Monday 8:30am-5:00pm
 - Tuesday-Thursday 8:30am-8:00pm
 - Friday 8:30am-4:30pm
 - Closed weekends and all statutory holidays.