

OCTOBER 2021

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Hillhurst Sunnyside Community Association

Community Centre

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Phone: 403-283-0554 • Fax: 403-270-3130 • www.hsca.ca

BOARD OF DIRECTORS

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Director at Large	Andrew Rogan
Director at Large	Miranda Johnson
Director at Large	Ryan Morstad
Director at Large	Sandra Walker

Please note that due to the HSCA's closure related to COVID-19, only a limited number of staff will be available. We appreciate your patience during this transitional time.

STAFF LISTING

Executive Director Ext. 221	Matt Youens	matt.y@hsca.ca
Community Planning Ext. 229	Ali McMillian	ali.m@hsca.ca
Communications Coordinator Ext. 226	Stephanie Corbett	stephanie.c@hsca.ca
Childhood Director/Daycare Program Manager	Shannon Martel	shannon.m@hsca.ca 403-270-9703
OOSC Program Manager	Genevieve Fisher	genevieve.f@hsca.ca
Facility Services Manager Ext. 223	Karl Kingsley	karl.k@hsca.ca
Seniors' Connection Coordinator Ext. 224	Debbie Olson	debbie.o@hsca.ca
Controller Ext. 225	Amy Kettenbach	accounting@hsca.ca
Sunshine and Rainbow Rooms	Hillhurst Sunnyside Daycare	403-270-9703
Flea Market Coordinator Ext. 231 (drop in on Sundays, or leave a message - calls returned on Wednesdays and Sundays only)	Bonnie Constable	
Community Programs Coordinator Ext. 248	Tolu Okunola	tolu.o@hsca.ca
Community Connections Coordinator Ext. 247	Shaye Radford	shaye.r@hsca.ca



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Program Phone Numbers

Chair Yoga	Debbie 403-283-0554 ext. 224
Farmers' Market Fresh Food Basket	Tolu Okunola 403-283-0554 ext. 248
Flea Market	Bonnie 403-283-0554 ext. 231
<i>(Drop in on Sundays or leave a message. Calls returned on Wednesdays and Sundays only)</i>	
Neighbour Night	Shaye 403-283-0554 ext 247
Seniors' Knitting	Debbie 403-283-0554 ext. 224

Repair Café!

Are you looking for ways to build community spirit?
Would you like to volunteer some time to divert items from the landfill?

HSCA needs Fixers for our first Repair Cafe! If you have skills to share, please contact Shaye at shaye.r@hsc.ca or 403-238-0554, ext. 247.

While these events are typically held in person, we are planning a physically distanced process to adhere to COVID protocols.



Disclaimer: Published articles, reports or submissions reflect the opinions of the author and should not be considered to reflect the opinions of Great News Media (GNM) and the Hillhurst-Sunnyside Community Association (HSCA). The information contained in this magazine is believed to be accurate but is not warranted to be so. GNM and HSCA do not endorse any person(s) advertising in this newsletter. Advertisements are not an endorsement of any goods or services.



Thursdays 6-8pm ONLINE

HSCA hosts an assortment of **FREE** monthly activities:

- 1st Thursday -- Activity or Craft
- 2nd Thursday -- Zoom Movie Viewing
- 3rd Thursday -- Cooking Class
- 4th Thursday -- Discord Online Chat

All supplies are included for free and can be picked up at HSCA on Mondays during Fresh Routes from 4-6pm.



Contact Shaye for more information and event links:
(403) 283-0554 ext 247, shaye.r@hsc.ca

Let's Stick with the Candy

Halloween is all about tricks, treats, and spooky ghosts now. But during the 18th century, for women, it was about finding a husband! They would throw apple peels over their shoulders to try and see their future husband's initials and look in mirrors hoping to see their future spouses face. That sounds interesting, but I think we'll stick with just the candy now!



BIKE THEFT IN HILLHURST SUNNYSIDE

Submitted by Tim Schaefer, Sunnyside Resident

One of the largest barriers preventing city residents from truly embracing cycling as a mode of transportation is theft! We may ride our bicycles on Calgary pathways and streets for recreation and exercise, but are you ready to bike to Kensington and lock your wonderful wheels to the outdoor rack in front of your favourite shop only to have it stolen? While some will manage that risk with a good lock, many people still won't do it.

When you stop and think about it that way, bike theft is not just an annoying crime that results in the loss of property; it is actually impacting the choices we make about personal mobility.

Bike theft is not exclusive to bikes locked in public spaces either. Every resident of Hillhurst Sunnyside either has first-hand experience or knows a neighbour who has had their bike stolen from their backyard, garage, or apartment storage room.

What Can Be Done To Help Prevent Bike Theft?

Shifter, a Calgary based YouTube urban cycling channel by Tom Babin, explored this topic in an episode posted in May 2021. In the video essay, Tom explores the various aspects surrounding bike theft and includes a great anecdotal story of a Sunnyside resident's experience having his bike stolen multiple times. You really should check it out, the video is titled "There is a proven way to stop bike theft. So why are so few cities doing it?"

I won't spoil the whole video but will answer the question in its title: The one thing that really drives reduction in theft is when everyone voluntarily registers their bike on an anti-theft registry.

What Is A Voluntary Anti-Theft Bike Registry?

If you've never heard of it before don't feel bad, they're a relatively new concept, at least for Calgary. In June 2020 the Calgary Police Service (CPS) officially launched their partnership with the online registry Bike Index. The way it works is pretty simple. When the CPS recovers a stolen bike, they look it up on Bike Index. If there's a match, they return it to the rightful owner.

What exactly are they looking up? Every bike has a serial number that is usually stamped on the bottom bracket as shown in the photo. When the owner registers their bicycle on the anti-theft registry, they enter the bike's serial number to help uniquely identify it.



Prior to the partnership with Bike Index, the CPS reports they typically were only able to return a dismal 12% of bikes they recovered. In 2020, that rate almost doubled to 21.5% of recovered bikes. As more citizens register their bikes, the rate of return is expected to grow even further.

Returning Stolen Bikes Is One Thing, But How Does Registering Your Bike On The Bike Index Actually Prevent Theft?

Prevention happens by making it difficult for thieves to sell the bikes they steal. Bike Index accomplishes this by providing search access to everyone. That's right, the ability to look up the status of a bicycle serial number is not an exclusive thing only available to police. It's available to anyone with an internet connection. That means if you are considering buying a used bicycle, you can and should look up the serial number on bikeindex.org from your smartphone to quickly determine if the bike has been stolen.

You can also look up bicycles that you have found abandoned in the neighbourhood and see if they've been registered or reported stolen. Bike Index even gives you an option to message the owner. If you are not comfortable doing that you may want to just hold onto the bike and contact the CPS non-emergency line at 403-266-1234. The CPS is more than happy to pick up and process the bike.

As awareness of Bike Index grows in Calgary, and the practice of pre purchase serial number screening grows, it will become increasingly difficult for stolen bikes to be sold. Without the ability to re-sell their stolen bikes, thieves will start to give up on stealing bikes.

How effective have anti-theft registries been in lowering bike theft? The CPS has not yet published numbers to demonstrate the impact of Bike Index in Calgary, but in

Vancouver where they have a similar partnership with 529 Garage, they have experienced fantastic results! Since its introduction in 2015, the Vancouver Police reports their city has experienced a 40% drop in bike thefts. More great results are expected in the future as more people register their bikes.

Here Is Your Call To Action:

- If you own a bike, no matter how old or its perceived value, follow the advice of the CPS and register your bike on the Bike Index. Registration is free, easy, and only takes a few minutes to complete.
- Simply go to bikeindex.org, create your free account and add your bike(s) to your file.
- From a privacy perspective, just like any online service, you should read the privacy policy for your own awareness but know that Bike Index requirements for personal information are about as minimal as it gets. You only need to provide a name and your email address. All other personal information requested on the site is optional.
- Once you've registered your bike, drop by any CPS station and request a free Bike Index sticker to affix to your bike. The tamper proof label is optional but if you choose to affix it to your bike it will let potential thieves know your bike will be more trouble than it's worth!
- Should you run into the misfortune of having your bike stolen, your pre-registration means you are ready to quickly report it stolen. Changing the status of your bike to "stolen" on Bike Index is fast and will immediately inform anyone who searches for your bike that it is stolen property. Bike Index also tweets out all stolen bikes reported in the Calgary area from their @BikeIndexCalg Twitter account. Look it up to see the activity of stolen bikes anytime.
- All stolen bicycles will still need to be reported to the CPS using their online form. Bike Index does not actively notify the CPS of stolen bikes in Calgary because, among other things, it does not require registrants to indicate their home city in their profile. It is also important to report all bike theft, no matter the value of your bicycle, because it ensures the extent of this nuisance crime is well understood.

For more information on the CPS partnership with Bike Index go to calgary.ca/cps and search "Bike Index".

by Lorna Cordeiro, HS Heritage sub-committee

Addition to the City's Heritage Inventory – The Sanderson Residence



This 1912 Arts and Crafts Bungalow was recently added to the City's Inventory of historic resources thanks to its owners.

"The Sanderson Residence is...valued as a uniquely detailed and well-crafted example of a modest Arts

and Crafts Bungalow."

Also of interest is its location on Gladstone Road, further on the history of the area between 10th and 14th Streets: "Traditionally, the area was matted with bogs and sloughs, creating challenges for the straight lines of subdivision development. Indigenous groups who lived in this area carved a trail that followed the north edge of this slough. In the 1904 subdivision, this angled trail became Gladstone Road." Making this road one of the oldest in our city!

(Source and photo credit: Heritage Calgary)

Coming soon...the Hillhurst Sunnyside 'Historical Context Paper'! The HSCA in collaboration with Heritage Calgary (Civic Partner, City of Calgary) has recently hired a consultant to research and write a 'Historical Context Paper' about our community. Its purpose will be:

- To identify and clarify the main cultural elements of the community.
- To identify the main elements of built heritage valued by the community.
- To identify the features of landscape history that help define the community.
- To appeal to a broad audience including residents and visitors.
- To help audience form strong connections to the place and its stories.
- Prioritize above elements based on community and committee feedback.

While this initiative will be led by consultants, anyone who may be interested in volunteering in any capacity, please contact Ali at ali.m@hscala.ca.

HSCA Volunteer Spotlight



The HSCA Volunteer Spotlight will introduce (or reintroduce) our community to HSCA staff, volunteers, and members of the Hillhurst Sunnyside Community. If you know of a resident interested in participating in the HSCA Spotlight Series, email Stephanie.c@hsc.ca with subject line: HSCA Spotlight. We know our community is full of awesome residents and captivating stories and we're hoping to share that with everyone!

As part of the HSCA Spotlight Series, allow us to introduce you to Charlie!

Volunteer: Charlie Lund

How long have you lived in Hillhurst-Sunnyside?

What do you like about living here?

I have lived in Sunnyside for 16 years. I especially like the friendly and interesting neighbours and the proximity to downtown and Kensington.

How did you get involved in volunteering in our community?

The 2013 flood made me realize the need for better protection for our community.

What kind of volunteer activities have you done?

I focus on advocating for improved flood protection for Hillhurst-Sunnyside.

What would you tell others in the community about volunteering?

Volunteers are essential for our community to reach its full potential and volunteering makes one better connected to the neighbourhood.

Volunteers are what make our community thrive! We sincerely appreciate all the contributions of our local neighbours. Visit www.hsc.ca/volunteer or contact volunteer@hsc.ca to get involved!



HSCA Spotlight



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line: HSCA Spotlight. We know our community is full of awesome residents and captivating stories and we're hoping to share that with everyone!

Allow us to introduce you to Andrew! Andrew has been on HSCA's a Board of Directors since June 2021 and a resident of Hillhurst Sunnyside for over 2.5 years. Let's get to know Andrew in 5 questions or less!

Name: Andrew Rogan

Title/Position on the HSCA Board: Director at Large

What goals do you have while on the Board?

I want to ensure that the community remains vibrant and prosperous. I want to do this by fostering a financially friendly environment where the CA can provide excellent services with the possibility of expanding services.

What keeps you busy outside your Board duties?

A demanding work schedule, 9-month-old son, 2-year-old rescue dog, Lazer, and three other boards.

Tell us the best binge-worthy series/show/podcast you enjoyed during quarantine. Or tell us about a cool hobby/activity you engaged in over the last year.

Pink Tax Podcast – A shameless plug because my wife does it.

What is your favourite thing about the Hillhurst Sunnyside Community?

The walkability. Parks, shops, restaurants.

What does Community mean to you?

A living, thriving area built for people and families as the primary focus.



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ERIN WAITE FOR WARD 7



Calgary's Future is excited to announce our endorsement of Erin Waite for Ward 7!

Erin's Background and Experience

Erin is a leader in Calgary's non-profit community, a seasoned corporate communications and investor relations advisor, and a veteran community board member.

After twenty successful years in the corporate sector, Erin chose to pursue her passion for social justice and began working in the non-profit disability sector. She served as Agency Director for the Connections for Families Society where her strategic guidance and leadership led to financial stability and major policy impact.

Erin has served as a board member for nine different non-profits. She was the Board Chair for Decidedly Jazz where she helped secure 30 million dollars in funding and oversaw the building of the DJD Dance Centre on 12th Avenue.

Having lived in **Ward 7 for 30 years**, Erin's ready to roll up her sleeves and get to work for her community. She's confident that Calgary's best has yet to come.

Why We Endorse Erin

Erin's vision for Calgary includes a vital and vibrant downtown. She champions new uses for empty office spaces and she's excited to work with

arts and cultural organizations, post secondary institutions, community groups, and business sectors to re-imagine how the downtown core can thrive once again.

Erin wants to re-invest in older communities and stop costly urban sprawl. She'll stand up for strategic plans that include commitments to older areas like Ward 7. She'll also focus on connecting neighbourhoods and communities with reliable transit and an integrated active transportation network.

Erin is a proven leader with deep roots in communities on both sides of the river. She believes it is necessary to build both economic and environmental resilience for our city. With the progressive leadership that she will provide at City Hall, Erin sees a future for Calgary that is vital and prosperous.

If you want to learn more about Erin and see where she stands on some critical issues facing Calgarians today, check out her responses to our Candidate Questionnaire at calgarysfuture.ca/ward-7.

Where to Find Erin:

 erinwaite.ca

 [@ErinWaiteWard7](https://www.facebook.com/ErinWaiteWard7)

 [@Erin.Waite.Ward7](https://www.instagram.com/Erin.Waite.Ward7)

 [@ErinWaite42](https://twitter.com/ErinWaite42)

SENIORS CONNECTION PROGRAMS AT HSCA

For more information on our online programming for seniors, visit <https://www.hsca.ca/senior-online-programming> or contact our Seniors' Connection Coordinator, Debbie at 403-283-0554 ext. 224 and leave a message.

Seniors Connections

For all the programs listed below, or for any further information, ideas, concerns, or referrals, please contact Debbie by email at Debbie.o@hsca.ca or call at 403-283-0554 ext. 224 and leave a message. Debbie will get back to you as soon as possible and provide you with the links to join the classes or talk about any other ideas or concerns you would like to share, talk about, or explore.

Caregiver Connections

Caregiver Connections will be held online Thursday, October 21, from 7:00 to 9:00 pm. If you are not able to join on this date and you would like to connect, please send Debbie an email or leave a phone message.

Please remember that if you support someone with a disability, illness, who is aging, has mental health challenges, or provide support such as driving them to appointment or bringing them groceries, helping with house chores, etc. then you are a caregiver. This can happen slowly and be easy at first but depending on the situation the amount of support provided can increase and even become more intense. We often dismiss an increasing amount of support and the stress and impact that it can have on us using a lot of excuses when we should be looking at ways to share the load by asking for help, find alternatives, or even just have someone to talk with. It is okay to say "no" and there are times when we need to do that. You are not the only one who can provide care. Share the burden when possible or you may risk personal impact on your health and personal situation.

Resources

- Visit www.caregiversalberta.ca
- Phone: 780-453-5088 or 1-877-453-5088 (toll-free) | Email: support@caregiversalberta.ca

Chair Yoga Online

Chair Yoga Online continues and there are two classes that participants can join:

- Tuesday at 11:00 am
- Thursday at 11:00 am

Both classes will be accessible half an hour before the class begins and for half an hour after, if anyone wants to connect with other participants or with me.

If you would like to join the class, contact Debbie to send you the link. Please be sure you join the class at least 5

minutes before the class start time.

To join either or both classes, you will need a computer, tablet, or cell phone with internet connection to join, but you do not need to have a camera or microphone; just make sure that your volume is turned up so that you can hear, and you will be able to see Sharon on your device so that you can follow the positions.

This class is a great way to keep your muscles, limbs, and joints moving, especially during this time when we may be doing less walking. It is gentle exercise that will help you to move and stay limber. Come join us.

Monday Connections Change

Monday Connections will continue every Monday (except Statutory Holidays), for anyone who would like to connect for any reason from September and until the end of October.

- Finding senior support for yourself or another senior in the community.
- Looking for information around senior supports or other programs or connections.
- Volunteering to provide support for a senior in the community.
- Learning about the programming for seniors in the community
- Connecting to learn more about the Senior's Connections Program.
- Anything you would like to learn more about, explore etc.
- If you just want to talk to someone.

We want to hear from you whether you are a senior, are looking to help a senior you know, are concerned about a senior, are a potential volunteer or if you have ideas that you would like to explore around seniors. Please connect. I can also arrangement to connect with you at another day or time if that works better for you, we will work with you.



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Construction of Flood Mitigation Infrastructure

Starting this September, the City will begin upgrading stormwater infrastructure in some areas in the northwest inner-city. This includes parts of Hillhurst-Sunnyside that are prone to pooling and flooding after intense rainfalls – both in normal conditions and when the river is high – and the stormwater outfall gates must be closed.

This is good news because it provides more of the flood mitigation infrastructure that our community has been advocating for since the 2013 flood.

The work starting in September will include upgrading storm drains and replacing or upsizing existing pipes that will help increase the capacity of the system in our neighbourhood. In addition, it is anticipated that construction on the long-awaited Upper Plateau Separation (UPS) project will commence. UPS is a dedicated pipe to move stormwater from the communities on top of the hill directly to the river, bypassing Sunnyside.

Construction will take place in phases over the next three years. Please see the map at <http://calgary.ca/sunnysidecdi> for the locations of the specific projects.

It is anticipated that work on the following projects will commence this fall: (1) West Hillhurst; (5) 10th Street N.W.; (6) part of Kensington; (7) Upper Plateau Separation. The plan is for construction of the other projects shown to commence in 2022.

The City is committed to working closely with residents, business owners, the Kensington BRZ, and community groups throughout the project delivery to minimize disruptions. They will keep communities up to date with their plans and construction schedules as timelines and details evolve.

Unfortunately, a number of trees must be removed to make way for this construction, particularly for the UPS project. Through the design process the City has preserved as many trees as possible. To compensate for the tree loss, the City will be replanting a greater number of trees in the closest suitable location to help restore the urban canopy.



fresh routes

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- Check out support



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Hillhurst Sunnyside Community Association

fresh routes

Mobile Grocery Store

MARKET GREENS

Ongoing Programming at HSCA

The HSCA is committed to providing a safe environment for all and continues to make every effort to mitigate health risks associated with COVID-19. For the most up-to-date information on HSCA operations and Safety Protocols, please visit www.hsc.ca/covid19.

Every Monday (except holidays): Sustainable Food Programming at HSCA, 4:00 to 6:00 pm. HSCA's Sustainable Food Programming has something for everyone and features: Fresh Routes, Fresh Food Basket, and Market Greens. Visit www.hsc.ca/community-food-program for details.

Every Wednesday: The HSCA Farmers' Market runs outdoors, 3:00 to 7:00 pm until **Wednesday, October 20**. Our Farmers' Market will then move to Saturdays, 10:00 am to 2:00 pm beginning Saturday, October 23.

Sunday: The Sunday Flea Market runs 7:00 am to 3:00 pm indoors and on the front pad at HSCA.



Condominium Board Members

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www.LenyxCorp.ca



The Good Food Box (GFB)

The Good Food Box is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out.

Large Box: Includes approximately 40 pounds of produce. Cost: \$35

Medium Box: Includes approximately 30 pounds of produce. Cost: \$30

Small Box: Includes approximately 20 pounds of produce. Cost: \$25

Orders accepted:

Online at the HSCA Web Store: www.hsca.ca/community-food-program.

HSCA Farmers' Market at the welcome table – cash orders only.

Orders may be placed during the pick-up times – cash orders only.

2021 Good Food Box Order and Delivery Dates

Order By 2:00 pm Pick Up Between 1:00 and 3:00 pm

October 12 October 21

November 16 November 25

HSCA 2021 CASINO UPDATE

HSCA is currently working with Alberta Gaming about moving forward with Casino dates in 2022.

We are scheduled for the first quarter, which is in January/February/March. The draw for the dates will be done as soon as possible in August and they will let us know our dates moving forward. They have warned us that the location may not be our usual requested casino due to the mass amount of rescheduling.

Once we have the days and location confirmed from AGLC, HSCA will send out an email to past volunteers for the casino as well to those volunteers in Timecounts who have indicated casino as a choice for volunteering.

If you would like to be contacted about the casino when this information is available, please connect with Debbie to be included in the group email.

If you would like to know more about the casino positions and what is involved for volunteers, please connect with Debbie and she will provide you with the information you need.

Debbie Olson: Debbie.o@hsca.ca or leave a message at 403-283-0554 ext. 224 and she will get back to you.



The October 18 municipal election presents a unique opportunity for the Ward 7 Councillor to bring forward policies, methods and resources for:

- **Safe communities** where
 - we can live in our homes and operate our businesses without threat;
 - criminal behaviour is reduced;
 - community standards are enforced;
 - municipal infrastructure (eg. roads, sidewalks, pathways, etc.) are safe for pedestrians, cyclists, and drivers; and
 - snow is removed, not just moved, in critical places;
- **An Affordable City** that operates within its means and priorities without the tendencies to increase taxes, fees and utility rates;
- **Vibrant Ward 7** that is full of energy, opportunity, and innovation on the street, in our parks and civic facilities, and with our indigenous, arts, cultural, and ethnic communities.

Ward 7 is the Heart of Calgary and I strongly support these measures. I have had the privilege of connecting with Ward 7 and **Hillhurst | Sunnyside** residents at the door. The predominant concerns heard include:

- **Poor public consultation** about the move to greater housing intensification with minimal regard to neighbours and neighbourhood character, history, heritage, culture, tree canopy, and greenspace impacts. The City's engagement process lacks early community engagement to share an understanding of what problems we are trying to solve, what outcomes are desired, what alternatives are available, and how do we arrive at meaningful and mutual decisions;
- **Life cycle replacement of underground water, wastewater and sewer utilities**, especially in regards to growth capacity and lead pipes; and,
- **Traffic speed, noise, pedestrian and bike safety, and cut-through** along Memorial Drive, Kensington Road and 5th Avenue, and impact to children, especially near the school and playground area.

Like many of you, I have a vision for a great Calgary. After 30 years at The City in a variety of managerial roles and with 6 years working in communities and advocating on particular initiatives, I have the competencies to work communities and to affect immediate and positive change.

"Hillhurst | Sunnyside, on October 18, vote for experience. I will prioritize doing the right things and doing them right with you."

Learn more at www.terrywong.ca

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